

# Playing At Home

## MAGIC FLASHLIGHT

- Follow this [LINK](#) (ctrl+click) for a demonstration of this activity
- Think and talk about what kind of scene you want your flashlight to illuminate. Help your child to remember times they've been outside after dark (at home? camping? in the car?)
- Place the white paper inside the plastic (it makes the drawing easier to see) and use permanent markers (that will bond to the plastic) to draw a colorful picture.
- Use the white paper to draw a flashlight with a widening triangular piece coming out from the top.
- Place the black paper inside the plastic. The scene your child has drawn will fade out with black paper behind it.
- Use the flashlight to illuminate different places on the drawing. If your child is interested, talk about how our eyes see best in the daylight and the parts of our eyes that respond to color (called rods and cones) do not work as well in dim light or darkness.

### WHAT IS MY CHILD LEARNING?

- Activities that relate to books promote literacy and a love of reading. Bringing a story alive by helping your child enter into the story in a creative way encourages and expands attention, comprehension and interest.
- **Cognitive Development:** This project helps your child to plan and use drawings to share an idea.
- **Physical Development:** Using scissors and drawing materials supports fine motor skills. **Optional Idea:** Take a walk in the dark with a flashlight; this will help your child learn to navigate by using their sense of proprioception (where they are in relation to other things) and move carefully because of limited sight.
- **Cognitive Development:** Remembering related activities and concepts (such as where they have been after dark) is an important cognitive skill.
- **Social Emotional Development:** Sharing stories about experiences builds confidence and a sense of belonging.

### YOU WILL NEED:

- Clear Page Protector or Large Baggie
- White Paper
- Black Paper
- Sharpies
- **Opt:** Read *The Flashlight* by Lizi Boyd

### SONG OF THE WEEK

#### TWINKLE, TWINKLE LITTLE STAR/ESTRELLITA

Twinkle, twinkle little star, How I wonder what you are  
Up above the world so high  
Like a diamond in the sky  
Twinkle, twinkle little star, How I wonder what you are

Estrellita dónde estás, me pregunto qué serás.  
En el cielo o en el mar un diamante de verdad.  
Estrellita dónde estás, me pregunto qué serás

### POWER OF PLAY MESSAGE

YOU NURTURE YOUR CHILD'S  
DEVELOPMENT WHEN YOU EMBRACE  
THE POWER OF PLAY

- You are your child's first and most important teacher
- Play is your child's natural process for learning



play to learn  
Pierce County

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